

Town of Glastonbury Human Services

# The Sharing Tree

Office Hours: Monday - Friday Tues. & Thurs. Saturday

8:00 am to 4:30 pm 8:00 am to 8:30 pm 9:00 am to 3:30 pm Main Information Number (860) 652-7638

**Dial** –**A-Ride Numbers**:

Reservations: (860) 652-7643 Cancellations: (860) 652-7638

Newsletter Online: www.glastonbury-ct.gov

May 2016





Throughout the nation, the month of May is dedicated to raising awareness about issues facing older adults and highlighting the way older Americans are advocating for themselves, peers, and communities.

Older Americans Month was established in 1963, when only 17 million Americans had reached their 65<sup>th</sup> birthday. In 2014, the population aged 65 and over reached 44.7 million.

This year's theme, "*Blaze a Trail*" exemplifies the energy, determination and uniqueness of many older Americans. In recognition of our many trailblazers here in Glastonbury, we salute you, and invite you to join us for one or many of the special events that we have planned this month at the center.

# Nonagenarian Celebration Special Luncheon

**Tuesday, May 10, 2016** 

Cost: \$3.00 special ticket required — (Nonagenarians + - no charge)
12:00 pm Lunch 12:30 Recognition of Nonagenarians

Please join the celebration at our semi-annual Nonagenarian Luncheon for those seniors in Glastonbury who have wisely and bravely reached the age of 90. We celebrate you for a life well lived!! It's your day to be a star! Enjoy a tasty turkey dinner with all the trimmings including Apple Pie-A-La-Mode.

### Memorial Day In-door Picnic

**Thursday, May 26, 2016** 

Cost: \$4.00 Special Ticket required

12:00 pm Lunch 12:30 - 1:15 pm Entertainment - Jeff Wieselberg Please purchase your ticket by Tuesday, May 24



Show your American Pride by wearing your brightest red, white and blue as we remember and honor those who served and continue to serve our country. Mouthwatering cheeseburgers and all the fixin's will put you in the mood for picnics all summer long...Following lunch we will be entertained with an array of patriotic songs, by Jeff Wieselberg, a locally renowned singer and musician.

### **Older Americans Month Raffle**

Check out the great raffle prizes in our display case and don't miss your chance to "win it big". Tickets are free and can be picked up in the office from May 1- May 26<sup>th</sup>. Those who "*Like" us on Facebook*, will be eligible for a special prize. Drawing will take place at the Memorial Day Picnic on May 26<sup>th</sup>. (One ticket per person).



Peter Pan Players present Disney's "The Aristocats"

Tuesday, May 31, 2016 RCC 3:30 pm

No Charge call (860) 652-7638 to register or stop in the office at the RCC Light Refreshments provided.

"With the help of a smooth talking tomcat, a family of Parisian felines set to inherit a fortune from their owner try

to make it back home after a jealous butler kidnaps them and leaves them in the country."

The Peter Pan Players are middle and high school students (grades 7-12) who perform fairy tales for the elementary schools in the spring; to invite younger children to summer show auditions and to inform young people of the value of Glastonbury Youth and Family Services programs.

# **Lunch Bunch Outing**

Wood N Tap - Farmington 11:00 am Leave RCC

Wednesday, May 25, 2016 Approximate Return RCC: 1:00 pm

Cost: Transportation: Resident: \$7.00 Non Resident \$ 9.00 Lunch on own

The Wood N Tap Restaurants are located in eight towns...the destination on this day in May will be to the Farmington location, which is nestled off Route 4 overlooking the beautiful Kettle Lake.

### TRIPS -Register May 4 - Residents / May 11 - Non-Residents

Shubert Theater Tour & Lenny & Joe's Fish Tale - New Haven Wednesday, June 1, 2016 12:15 pm Lunch 9:45 am Leave RCC 11:00 am Tour Approximate Return RCC: 2:30 pm Cost: Transportation: Resident - \$10.00 Non-Resident - \$15.00 Lunch on Own

Since opening in 1914, the Shubert Theatre has earned the title "Birthplace of the Nation's Great Hits" by staging the world premieres of hundreds of shows including; "Oklahoma!", "A Streetcar Named Desire", and countless more. Each season, hundreds of students and adult members of the community take a trip behind the scenes and "back in time" with a "Backstage Tour" of the historic Shubert. Following the tour, enjoy lunch at an old favorite...Lenny & Joe's Fish Tales of New Haven.

### **Ivoryton Playhouse**

Wednesday, June 8, 2016 10:45 am Leave RCC 12:00 pm Lunch 2:00 pm Performance Approximate Return RCC: 5:30 pm Cost: Transportation, Admission, and lunch included (gratuity is not included): Resident: \$75.00 Non-Resident: \$80.00

Enjoy lunch at the elegant and sophisticated Copper Beech Inn, located in picturesque Ivoryton. After lunch it's off to Ivoryton Playhouse for "THE 39 STEPS". Mix a Hitchcock masterpiece with a juicy spy novel, add a dash of Monty Python and you have "THE 39 STEPS", a fast-paced whodunit for anyone who loves the magic of theatre! This 2-time Tony and Drama Desk Award-winning treat is packed with nonstop laughs, over 150 zany characters (played by a ridiculously talented cast of 4), an on-stage plane crash, handcuffs, missing fingers and some good old-fashioned romance!

### CTFastrak to Westfarms Mall

Wednesday, June 15, 2016 10:00 am Leave RCC Approximate Return RCC: 2:00 pm Cost: Transportation: Resident: \$5.00 Non-Resident \$7.00 Lunch on Own

CTfastrak is Connecticut's first Bus Rapid Transit system. It is a system of bus routes that utilize a bus-only roadway for all or a portion of your trip. Don't miss your chance to ride on this new system-free of charge. We will be joined by trainers at the depot who will assist us on using the system. Our destination will be Westfarms Mall, to shop and have lunch. Our return trip will be on CTfastrack back to Hartford, where we will be picked up by Dial-A-Ride and brought back to the RCC. Sit back and enjoy the ride!

Wadsworth Museum Tour w/boxed Lunch at Museum Café Thursday, June 16, 2016 12:00 pm Lunch 9:30 am Leave RCC 10:00 am Tour Approximate Return RCC: 2:00 pm Cost: Transportation, Admission w/tour and Lunch: Resident: \$25.00 Non-Resident: \$30.00

Tour the refurbished rooms of the Wadsworth that are rich with history! The Wadsworth Atheneum Museum of Art was founded in 1842 by Daniel Wadsworth, one of the first major American art patrons. Daniel Wadsworth originally planned to establish a "Gallery of Fine Arts," but he was persuaded to create an Atheneum, a term popular in the 19th century. Following the tour you will have time to review areas of interest. Boxed lunch will include 1/2 wrap or salad, bag of chips, coffee/tea or soft drink and will be enjoyed in the Museum cafe. Indicate Wrap Choices at registration: Turkey, Vegetarian, Tuna, Chicken Salad or Salad with Grilled Chicken.

# **Featured Classes and Activities**

**NEW - Flash Mob Practice** 

Fridays, May 6 & 27, 2016

10:00 am - 11:30 am

Let's get ready to move and groove to "We are the World" to be performed at a local Mall in September of 2016... with other senior centers! We will discuss the possibility of performing other songs at locations near by. Don't worry if you feel you can't dance or sing just come and be a part...you will be glad you did! Participants are asked to attend at least one practice a month to keep up-to-date with song and dance routine.

Indoor Walking

Wednesdays

12:15 pm—12:45 pm

Outdoor Walking Group Thursdays

8:30 am Meet at the RCC

**Program Leader: Nadine Lester** 

**Book & Author Discussion Group** 

Thursday, May19, 2016

10:30 am

Facilitator: Geri Andrew No charge or registration needed

"A Town Like Alice" by Nevil Shute - Nevil Shute's most beloved novel, a tale of love and war, follows its enterprising heroine from the Malayan jungle during World War II to the rugged Australian outback.

**Knitters & Crocheters** 

Mondays

9:30 am - 11:30 am

**Program Leader: Carol Patulak** 

The Monday Knitting Group invites you to join a congenial group and share your talents in making items for local charities. Materials and patterns provided. Join us on Mondays in the craft room. All levels are welcome!

Mahjongg in the Afternoon

Wednesdays

1:00 pm - 3:00 pm

Come for lunch and stay to play! Join other mahiongg players or meet your group here at the RCC.

Glastonbury "Senior" 50+ Golf League **Tuesdays** 9:00 am at the Minnechaug Public (9 hole) Golf Course

May 10 - July 12, 2016

Cost: \$125.00 with cart for 10 weeks.

Do something good for yourself and join the fun (Season finale party with prizes).



# **Technology**

Computer Assistance by appointment Facilitator: Ron Massimino

**Tuesdays** 

9:00 am - Noon **Computer Room** 

Individuals can set up 30 minute appointment blocks for assistance with computer help.

To make an appointment please call (860) 652-7638.

Desktop vs Laptop

**Tuesday, May 17, 2016** 

3:00 pm - 4:00 pm

Technology with Welles-Turner Memorial Reference Librarian, Nicole Cignoli. **Activity Room B** Confused which is best for you-desktop vs laptop? Not sure where to begin when you start shopping? Best

Buy's Geek Squad led by Mark Ramos discusses operating systems, how and when to updrade, how to troubleshoot and protect from viruses, cost and what may fit your lifestyle in this one-hour lecture.

Reservations are required online or at the library's Reference Desk at (860) 652-7720.

Mac, iPad, or Smart Phone Assistance by appointment

**Thursdays** 

1:00 pm - 3:00 pm

Facilitator: Ann Hayman

**Conference Room** 

Individuals can now set up 30 minute appointment blocks for assistance with their Apple product or Smart phones. Please bring your Mac/iPad/Smart Phone to your appointment.

To make an appointment please call (860) 652-7638.

# **Evening / Weekend Programs and Events**

"The Breakfast Club" - The Hilton Garden Inn—Glastonbury

Saturday, May 14, 2016

9:30 am Leave RCC

Approximate Return to RCC: 11:00 am

Enjoy a freshly prepared breakfast offered at the Great American Grill® restaurant for \$10.95 pp on own. Everyday life has enough rules, sitting down for a delicious, comforting meal shouldn't have any, so you're invited to be yourself and enjoy special moments with friends.

## Lifelong Learning Continues – "Fundamentals of Photography"

Tuesdays 5:30 pm – 7:00 pm (April 5 – June 21))

Photographs are more than just snapshots. Join your friends for 12 weeks of learning about the fundamentals of photography. Taught by an award winning photographer, this series of tapes provides a thorough and easy to follow guide that presents tips and techniques guaranteed to improve your photography skills. Each night two 30 minute tapes will be shown followed by discussion. Light snacks and beverages provided. Please register in the office.

**Coloring for Stress Relief** Thursdays 5:30 pm - 7:00 pm

Studies have shown that coloring is very beneficial to adults as it lowers stress levels and blood pressure! Come join your friends and socialize for a relaxing and stress free time. Light snacks and beverages provided. Please register in the office. Supplies will be provided.

ART with KaReN

Saturdays —May 14 & 28, 2016

9:30 am—11:30 am

Instructor is Karen Williams.

Cost: Resident - \$20.00 Non Resident - \$25.00 (All participants pay \$7.00 Supply fee to instructor.) Come honor Glastonbury's past as you paint scenes from how things once were.

Included will be scenes of Main Street with Franklin Pharmacy and Kamin's Department Store (now home to Daybreak Coffee and Cycling Concepts), the Glastonbury-Rocky Hill Ferry which is the oldest continuously running ferry service in the United States and the oldest continuously operating Cider Mill in the United States, The Old Cider Mill. NO ARTISTIC EXPERIENCE NECESSARY!

Watercolor Class

Saturdays, May 7 & 21, 2016

9:30 am—11:30 am

Cost: Resident- \$10/per class Non-Resident - \$15

\$10.00 supply fee per project payable to instructor.

Drawing is not a prerequisite. Using watercolors, students will explore different techniques.

Ukulele Big Sing

Saturday, May 28, 2016

Noon - 1:00 pm

No Fee, just beautiful music – Open to the Public

Sit back and Sing-a-Long with Doctor Rosokoff and forty plus Ukulele players as they play hit songs from across the decades. This popular event draws people of all ages! Lyrics for the songs are projected for easy reading.

### **Pickleball**



5:00 pm - 8:00 pm **Tuesday Evenings** Indoor **RCC** 

Spring/Summer

Outdoor **Addison Park** Thursday Evenings 5:00 pm - 8:00 pm

9:00 am - Noon **Saturdays** 



# **Trips & Programs of Interest**

# SAVE THE DATE



**June: 20 - Strawberry Bingo -** South Windsor

28 - "A Chorus Line" - Playhouse on Park - West Hartford.

July: 7 - Thimble Islands and lunch at Rocky's Aqua (Register in June)

19 - Essex Steam Train and Riverboat—A 3 course meal in 1920s-era Pullman Luxury 1 1/4 hour cruise aboard the Mississippi-style riverboat, Becky Thatcher and a Steam train ride back to Essex.

28 - Historic Plymouth, Massachusetts Getaway Tour - includes lunch,

shopping and Harbor Cruise.

**August:** 11 - Evening of Jazz with Airborne - Riverfront Community Center

15 - Stonewall Kitchen - York, Maine - Tours of Distinction

18 - Thimble Islands and lunch at Rocky's Aqua

25 - Log Cabin - Lobster Bake & Tribute to Patsy Cline Show





**AARP Chapter # 2010 News:** 

AARP BOARD MEETING: Tuesday, May 3, 2016 10:00 am
AARP GENERAL MEETING: Tuesday, May 17, 2016 Noon

**PROGRAM:** As our thoughts wander to past and future summer visits to the ocean, Chanteyman Don Sineti, with his booming voice and hearty laugh, will take us on a journey to the ocean. Don is a songwriter, folksinger and banjo "picker". He has received numerous awards for his original illustrations of marine mammals and music from days of wooden ships and iron men. His sea shanties are dedicated to saving the whales and the degraded marine environment, entertaining us with his 5 string banjo, concertina and bones!

**UPCOMING TRIPS: 2016 Trips:** 

May 24

June 15

July 13

Will & Anthony - Aqua Turf Club - CT

Luncheon show at St. Clements Castle - CT

All-You-Can-Eat Lobster - Delaney House - MA

August 28 - Sept. 4 Bermuda Cruise on Celebrity Summit September 29 Green Mountain Flyer Railroad - VT

To register: Contact Diane Mansur @ 860-569-6745 for additional information

### **Homeowner's Tax Credit**

Applications for Elderly and Totally Disabled Tax Relief are being taken through Friday, May 13, 2016. Applicants for the Additional Veterans Exemption have until October 1, 2016 to complete that application. Income limits, based on 2015 figures, are \$35,200 for an individual and \$42,900 for a married couple for the State Elderly and Totally Disabled program and \$56,890 for the Town Elderly Tax Relief program. Income includes Social Security, all interest, taxable and non-taxable income. You are required to provide a copy of your federal income tax return, if filing, and/or copies of all your interest and income statements and also the Social Security end-of-year statement (SSA-1099).

For more information or an appointment, please contact Social Services at 860-652-7634 or the Assessor's Office at 860-652-7600. Home visits can be scheduled as needed.

### **Renters Rebate**

Renters Rebate application will be accepted through Friday, September 30. Glastonbury residents age 65 or older by 12/31/2015 or those receiving Social Security Disability are eligible if their 2015 income was \$35,200 or less for an individual or \$42,900 or less for a married couple. There is no asset limit for this program. The following documentation is required:

- 1) Income for 2015 SSA 1099 required; income tax, if filed, or all 1099s if not
- 2) Monthly rent paid in 2015
- 3) Monthly utilities paid in 2015
- 4) Proof of disability if not on Medicare and below age 65

Appointments are necessary. Please contact Social Services at 860-652-7634 to request an appointment or for more information.

### **Foodshare**

The Foodshare truck will be at First Church of Christ, 2183 Main Street, Glastonbury from 10:15 to 10:45 on Wednesdays May 11 and May 25. Mobile Foodshare is an outdoor food distribution for persons of low income. The food choices vary from week to week but usually include bread and several types of fresh produce. Other items may also be offered depending on availability. Please remember to bring a bag or box with you to carry your food.

# Carol's Closet

A ministry of St. James Church, the paper pantry provides paper and personal products to Glastonbury residents. It is open the third Saturday of each month, which will be May 21, from 10 AM to 12 noon at St. James, 2584 Main Street. They may be reached at 860-633-8333 for questions.

### Gift collection for Mother's and Father's Day

Thank you all for your support of the Mother's Day and Father's Day Gifting Program! The children who participated were excited to pick out just the right gift basket for our Senior Services volunteers to wrap for holding until that special day. Thank you for your generosity!





# **Health and Wellness News**

Free Blood Pressure & Wellness Clinic Wednesdays RCC 9 am – 12 pm Glastonbury's Community Health Nurse will be conducting the above clinic this month. Blood pressure, medication, diet questions, symptom management and other health related concerns can be addressed. Walk-ins are encouraged.

**Healthy Foot Clinic** 

Thursday, May 19 and Tuesday, May 31, 2016 RCC 8:40 am – 3:20 pm

Appointment Required – Call (860) 652-7638 to schedule an appointment

Cost: \$29.00 – check made payable to: Pedi-Care

A Registered Nurse will trim & file toenails, smooth calluses and corns, massage with lotion and powder.

Walk-ins will not be accepted. Payments must be made at the time of your visit.

<u>Hearing Screening & Aids Serviced</u> Tuesday, May 10, 2016 RCC 10:00 am - 12:00 noon Call (860) 652-7638 to schedule your appointment. A free hearing exam will be conducted by a licensed hearing specialist. Hearing aids will be cleaned, checked and minor adjustments made.

# **Dial-A-Ride Shopping and Schedule Information**

For All Reservations Call: (860) 652-7643 For Cancellations Call: (860) 652-7638

**Information Line Call:** (860) 652-7638

## **Weekly Shopping:**

For residents who live north of Hebron Avenue (Zone A)

Mondays Stop & Shop (Glastonbury Blvd.) 1<sup>st</sup> & 3<sup>rd</sup> Tuesdays of the month: Shop Rite

For residents who live south of Hebron Avenue (Zone B)

**Thursdays** Stop & Shop (Oak Street)

2nd & 4<sup>th</sup> Tuesdays of the month: Shop Rite

Mall Shopping Trip: Buckland Mall Wednesday, May 18, 2016

10:00 am Depart RCC 2:30 pm Return to RCC Transportation fee: \$5.00

## **Other Transportation Options**

<u>FISH</u> Phone: (860) 647-3911 Transportation for Glastonbury residents to out of town medical appointments is available Tuesday through Friday from Glastonbury to the following towns: Hartford, East Hartford, West Hartford, Manchester, Rocky Hill and Wethersfield. Please note: pickup can be no earlier than 8:00 am and no later than 4:00 pm. FISH also transports to the Farmington Health Center for appointments between 10:00 am. and 2:00 pm. You must request a ride by noon of the previous day. FISH is unable to transport wheel chairs; parking fees are the responsibility of the rider.

<u>American Cancer Society's Road to Recovery Transportation Service</u> Phone: 1-(800)-227-2345. They can provide transportation for doctors' appointments and treatments. Patients must be ambulatory. Requests must be made 3 business days before the appointment.

**A.D.A.** Transportation, CT Transit This service provides door-to-door service for any purpose to persons unable to use regular CT Transit bus service, if the pick-up and destination is within their service area. (7 days a week with a charge of \$3.00 each way). For application and info, call: **(860)** 724-5340

### **Cozy Corner Café News**

You can place your order via phone (860)368-4535, or in person ahead of time. Enjoy healthy combinations with fresh produce, yogurts and snacks. (Open Monday - Friday 9:30 am—1:30 pm)



# Cozy Corner Café Tuesday & Thursday Evening Café Menu 5:00 pm—7:00 pm Cost: \$5.00



Please check in the office for information on the days that the Evening Cozy Corner Café will be open in as well as menu items. Thank-you for your cooperation.

### **Special Diet Requests Procedure**

For those individuals who may have special dietary needs or prefer a vegan or meat free diet, we will now stock foods to meet your needs on a given day. Please contact the office the day prior. *Thank you*.

11:45 am Lunch 12:15 pm Program (If Planned)

Ticket Prices: \$2.50 per person includes hot entrée, vegetable, dessert & beverage.

\$5.00 per Guest (does not live in town and/or not a senior citizen).

\$4.00 Special Ticket includes Meal & Program (Registration Required)

All menu items are subject to change without notice when unforeseen circumstances occur.

# May Lunch Entrée Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 Spaghetti w/Meat Sauce	3 Baked Pork Chop	4 Fresh Bistro Meatball Grinder	5 Baked Breaded Chicken Breast	6 Eggplant Parmesan
9 Hot Dogs w/Toppings	10 Nonagenarian Lunch Turkey w/Stuffing	11 Beef & Broccoli	12 Vector Borne Diseases Shepherd's Pie	13 Breaded Fish on Bun
16 Birthday Party Roast Pork	17 Chicken ala king	18 Baked Meatloaf	19 The Sports Page Glazed Baked Ham	20 Stuffed Sole
23 Stuffed Peppers	24 Ziti w/Meat Sauce	25 Name That Tune Beef Stew in a Bread Bowl	26 Memorial Day Cheeseburger & all the fixin's	27 Chef's Choice
30 CLOSED Memorial Day	31 Cube Steak			

### Celebrate Your Special Day With Us!

Monday, May 16, 2016 Special Flute Music by Wendy Anderson

(Please register in the office by Friday, May 13, 2016). The May Birth Flower is the Lily of the Valley and it means sweetness and humility. The May birthstone is the emerald, a symbol of rebirth, is believed to grant the owner foresight, good fortune, and youth. Famous individuals born in May are Dwayne Johnson, David Beckham, Princess Charlotte, Audrey Hepburn and Adele to name a few.

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### Memorial Day In-door Picnic

**Thursday, May 26, 2016** 

Cost: \$4.00 Special Ticket required

12:30 - 1:15 pm Entertainment - Jeff Wieselberg 12:00 pm Lunch

Please purchase your ticket by Tuesday, May 24, 2016

Show your American Pride by wearing your brightest red, white and blue as we remember and honor those who served and continue to serve our country. Mouthwatering cheeseburgers and all the fixin's will put you in the mood for picnics all summer long...Following lunch we will be entertained with an array of patriotic songs, by Jeff Wieselberg, a locally renowned singer and musician.

# Lunch & Learn

**Vector Borne Diseases –do you know what they are?** 

**Thursday, May 12, 2016** 

Presented by: Krista L. Timken, MPH, RN, Town of Glastonbury Community Health Nurse

In epidemiology, a vector is any agent (person, animal, or microorganism) that carries and transmits an infectious pathogen into another living organism. Arthropods form a major group of disease vectors with mosquitoes, flies, sand flies, lice, fleas, ticks and mites transmitting a huge number of diseases. Learn from our local expert about how you can protect yourself and loved ones from potentially devastating outcomes from insect bites.

### The Sports Page

**Thursday, May 19, 2016** 

Presented by Tom Yantz, Hartford Courant Sports

Tom is a native of East Berlin, CT and a graduate of Providence College. He was inducted into the Connecticut High School Coaches Association Hall of Fame in 2014. During his 41 years with the Hartford Courant Sports Department, he has covered UConn men's basketball, the Boston Red Sox and major league baseball, Central Connecticut men's basketball, the Greater Hartford Open Travelers Championship, Ryder Cup, U.S. Opens and state professional and amateur golf, as well as colleges and high schools. Tom will share what it has been like reporting on most of these events and some of the differences he has witnessed in sports and sports reporting through the years.

### Name That Tune with Jennifer Loscialpo

Wednesday, May 25, 2016

Join in on the fun after lunch. Prizes will be awarded to those who can Name That Tune! Last one until September.

# **Keeping You Informed**

## **White House Greeting Requests**

Is there a 50th (or greater) wedding anniversary coming up? A special 80th (or greater) birthday around the corner? A veteran celebrating their 70th (or greater) birthday? What about a Wedding? Retiring after 20 years or more of service? How amazing would it be to receive a greeting from the President of The United States! The White House Greetings Office, receives and processes all U.S. Citizen requests. Whenever possible, all greetings will be mailed from the White House approximately 14 days prior to the event. Keep in mind, requests should be received at least six weeks in advance of the date. In the case of a wedding, please submit using maiden names. It's quick and easy to do and doesn't cost a thing! To request a greeting go to the website below and fill out a short request form:

www.whitehouse.gov/contact/presidential-greetings-request

# FTC Detects New Social Security Scam

You look in your email inbox and see the subject line "Get Protected." Well, we all want that! Upon opening the email, you learn that the Social Security Administration (SSA) is supposedly offering great new features to help taxpayers protect their personal information and identities. Sounds so good that you may be tempted to click on the link provided -- but before you do, read this!

### It's a SCAM!

The Federal Trade Commission recently caught on to this scam and is asking for help in tracking down the fraudsters.

### **HOW IT WORKS:**

- Scammers pretending to be from the SSA send out the email offering new features to help consumers monitor their credit and learn whether someone is engaging in unauthorized use of their Social Security number.
- It sounds very official and may even mention the "SAFE Act of 2015."

### WHAT YOU SHOULD KNOW:

- The Social Security Administration is not offering such a program. It's actually a "phishing" email designed to get you to click on the link. Doing could cause "malware" to be installed on your computer, like viruses and spyware.
- The link might also take you to a "spoof" site designed to look like the SSA's website and ask you to provide personal information, like your Social Security number and bank or credit account numbers.

### WHAT YOU SHOULD DO:

- If you get a questionable email, DO NOT click on any links. Instead, report it to the Federal Trade Commission by forwarding it to spam@uce.gov.
- Unsure about whether it's for real? Here are a couple clues: "hover" your cursor over the address link in the email if it's fake, you'll see that the address is an unrelated .com address, not the .gov address it appears to be. And did it end up in your junk folder? If so, that's because your email filters recognized that it wasn't for real.
- If you're unsure if an email is coming from the government, call them yourself. But use an email address you find yourself, not the contact info listed in the email.
- Please share this alert with your friends and family and urge them to do the same! Together we can stop scammers in their tracks and keep your hard earned dollars in your pocket where they belong!

# **Movies At the Riverfront Community Center**

For the movie programs, popcorn and an iced beverage will be available. There is no charge for these programs and no reservations are needed. *Due to the length of movies and other circumstances there will be no previews* If you wish to recommend a movie, please complete a suggestion form in the Senior Center office. *Please be respectful to others during the movie by turning off cell phones and refraining from talking during the movie.* 

<u>May 2</u> "Bridge of Spies" (2015) ★ ★ ★ Starring Tom Hanks, Mark Rylance and Amy Ryan - At the height of the Cold War in 1960, the downing of an American spy plane and the pilot's subsequent capture by the Soviets draws Brooklyn attorney James Donovan into the middle of an intense effort to secure the aviator's release. Rated PG-13/Suspense/147 minutes.

<u>May 9</u> "*Truth*" (2015) ★ ★ Starring Cate Blanchett, Robert Redford, and Topher Grace- In this dramatic recreation of news anchor Dan Rather's fall from grace, his stellar career comes to an abrupt end after erroneously reporting that President George W. Bush received preferential treatment that kept him from serving in Vietnam. Rated R/Drama/121 minutes.

<u>May 16</u> "Burnt" (2015) ★ ★ Starring Bradley Cooper, Sienna Miller and Daniel Brühl,-In his ambitious attempt to open a world-class restaurant, cutting-edge chef Adam Jones encounters a platterful of obstacles -- which includes assembling a staff capable of helping him win a coveted third star in the Michelin guidebook. Rated R/Comedy/100 minutes.

<u>May 23</u> "The Walk" (2015) ★ ★ Starring Joseph Gordon-Levitt, Ben Kingsley and Charlotte Le Bon. In 1974, French aerialist Philippe Petit made headlines worldwide with his daring high-wire walk between the twin towers of the World Trade Center. This elevating drama recalls the unauthorized and unforgettable feat pulled off by Petit and his team Rated PG/Drama/123 minutes

# **Saturday Matinees** Movies start promptly at 12:00 pm

May 7 "The 33" (2015) ★ ★ ★ Starring Antonio Banderas, Juliette Binoche and Lou Diamond Phillips-Unspooling one of the most compelling true-life tales of survival in the modern age, this gripping drama chronicles the massive 69-day effort to rescue 33 Chilean miners who were trapped more than 2,000 feet underground. Rated PG-13/ Drama/127 minutes.

<u>May 14</u> "Goosebumps" (2015) ★ ★ Starring Jack Black, Dylan Minnette and Odeya Rush - None-too happy about moving to a small Maryland town, teen Zach Cooper finds his outlook changing after meeting the gorgeous girl next door, Hannah Stine -- whose reclusive father happens to be hiding a big secret. Rated PG/Action/103 minutes.

May 21 "The Man from U.N.C.L.E." (2015) ★★★ Starring Henry Cavill, Armie Hammer, and Hugh Grant - With both their countries threatened by a powerful global crime cartel, the CIA's Napoleon Solo and KGB operative Illya Kuryakin must work together in this Cold War thriller inspired by the classic 1960s TV series. Rated PG-13/Action/116 minutes.

<u>May 28</u> "To Save a Life" (2009) ★★★ Starring Randy Wayne, Deja Kreutzberg and Joshua Weigel - After tragedy strikes a childhood friend, Jake reevaluates his life. By reaching out to lonely outsider Jonny, Jake risks losing everything that matters most to him, including a college scholarship and his friends. Rated PG-13/Drama/120 minutes.

## Movies At the Riverfront Community Center

Please note that we receive many recommendations on what type of movies we should and should not show at the center, and as a result have concluded that no two seniors are alike... Some folks want to see only comedies or romantic films. Others want the latest thrillers with lots of action. Because we offer a variety of films, there will be times when a film might not meet an individual's personal preference. Going forward, we will always show you the rating of the film, highlighting its content so that there will be a clear warning that the film may contain sexual content, violence, rough language etc.. Then the choice is yours!

Movie requests are welcome. Let us know what you would like to see! (Forms available in office).

Town of Glastonbury Senior Services Department 300 Welles Street Glastonbury, Connecticut 06033

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# The Sharing Tree

### How to read/get a copy of The Sharing Tree

This newsletter is published monthly for Glastonbury seniors. You may access it online through the town website: <a href="https://www.glastonbury-ct.gov-senior-services">www.glastonbury-ct.gov-senior-services</a>. Copies of the newsletter are also available at the library and town hall as well as delivered to the congregate senior living facilities throughout town. If you are not currently receiving a copy and wish to do so, please contact the Senior Center office to arrange for receipt via e-mail or postal service.

**Registration Information:** Sign-up for all trips and activities will take place on <u>Wednesday</u>, <u>May 4 at 9:30 am</u>. Registration will take place in Community Room A. One person may make reservations for up to <u>two</u> people only. Checks should be made payable to the <u>Town of Glastonbury</u>. Registration for activities and lunches (not trips) can be made at the office before and after this date based upon space availability.